

What hobbies and interests do you have:

AVAILABILITY							
Please indicate the days & times when you are regularly available to volunteer:							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
Afternoon							

REFERENCES	
Please supply details of 2 people who are able to give you a reference. These should not be family members or close friends. One reference could be from your most recent employer.	
Name	Position:
Phone:	Email:
Address:	Town:
County:	Postcode:
Name:	Position:
Phone:	Email:
Address:	Town:
County:	Postcode:

SIGNATURE	
Signature:	Date:

Please send the completed form by email to info@marescharity.co.uk or by mail to Mares Community Care Farm, Old Amersham Farm, High Street, Amersham, BUCKS HP7 0HR and include your CV if you have one.